

375 **EAST CEDAR ST NEWINGTON CONNECTICUT**

EXECUTIVE SUMMARY

Atlantic Capital Partners has been exclusively engaged to solicit offers for the sale of 375 East Cedar Street in Newington, CT. The property is an existing 29,864 SF single tenant building sitting atop 1.77 AC with 75 parking spaces. The property currently operates as a health club with inter space comprised of a fitness center, open sports area, racquet courts with vaulted ceilings, and ancillary medical office space that is turnkey. Additionally, the property features and outdoor inground swimming pool for current member access.

375 East Cedar Street is positioned at a high visibility location that sees 28,000 VPD, with immediate access to Route 15 (Berlin Turnpike), which sees 35,000 VPD. The area is home to national tenants such as Walmart, Target, Lowes, Sam's Club, and Price Chopper.

> **ASKING** PRICE \$2,200,000

ASSET SNAPSHOT	
Address	375 East Cedar Street, Newington, CT 06111
Property Offering	Existing Fitness Facility - with ancillary office space
Building Size (GLA)	29,864
Land Size	1.77 Acres
Year Built/Renovated	1980
Zoning	B-BT (Business Berlin Tpke)
	Allowed Uses: Retail, Office, Light Industrial
Number of Parking Spaces	75 Spaces











HIGH VISIBILITY SITE WITH STRONG ACCESS

The asset is positioned in a high visibility site along East Cedar Street (28,000+ VPD), with immediate access to Berlin Turnpike (Route 5) which sees nearly 35,000+ VPD



EXCELLENT DEMOGRAPHICS

Within a 3-mile radius, there are 77,919 people earning an AHHI of \$91,924



EXISTING FITNESS FACILITY

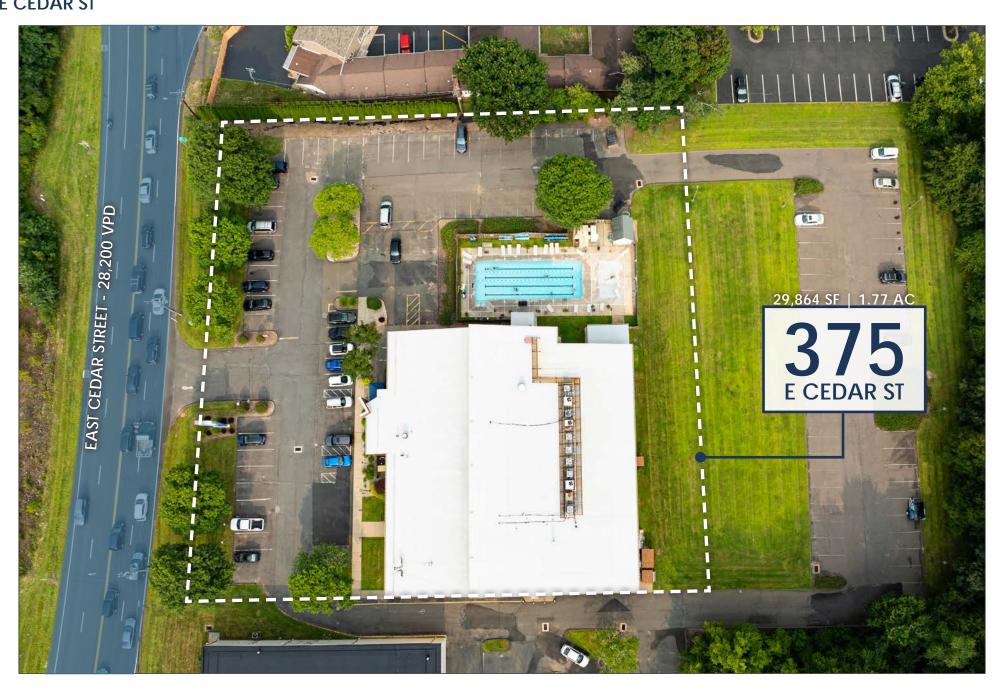
Existing Fitness Facility with supplemental office space, offering immediate Health Club tenancy or adaptive re-use potential



B-BT ZONING

The property is currently zoned B-BT (Business Berlin Turnpike), which allows for Retail, Office, Hotel, and Light Industrial, as-of-right













29,864 SF | 1.77 AC



Woons



Newington, Connecticut, is a town in Hartford County with a population of approximately 30,000 residents. The town has experienced steady economic growth, benefiting from its strategic location near Hartford and major highways like I-91 and Route 5. Newington's economy is diverse, with key industries including retail, healthcare, manufacturing, and education. The Berlin Turnpike, a major commercial thoroughfare, is lined with numerous retail establishments, restaurants, and service businesses, making it a central economic hub for the town.

Commercial real estate development in Newington has been active, with significant investments in both retail and industrial spaces. The town has seen the development of new shopping centers and the revitalization of existing ones, attracting a variety of national and local retailers. Industrial parks in Newington have also expanded, providing space for manufacturing and logistics companies, contributing to the town's economic stability. Additionally, there has been a focus on mixed-use developments, combining residential, commercial, and office spaces to create vibrant community hubs. Newington's balanced approach to development and its strong economic foundation make it an attractive place for both businesses and

3/5 EAST CEDAR ST NEWINGTON, CONNECTICUT

EXISTING FITNESS FACILITY

OFFERED FOR SALE \$2,200,000

Exclusively Offered By



PRIMARY DEAL CONTACTS

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